

Excerpt dated 3/21/2022

Exposure Response Protocol

Employee/Student/Visitor Exhibits Symptoms: If an employee/student/visitor exhibits COVID- 19 like symptoms they should not come to campus. They should seek medical guidance and remain home. A return to campus can happen after:

*5 days since symptoms first appeared AND

*24 hours with no fever without the use of fever-reducing medications AND

*Other symptoms of Covid-19 are improving. Loss of taste and smell may persist long after recovery and need not delay the end of quarantine.

Employees and students must contact their Instructor/Dean/Director/Supervisor to inform them of symptoms. If the symptoms appear at work/on campus, the Dean/Director/Supervisor/Instructor will direct the individual to leave. In both instances (symptoms before and after arrival), the Instructor/Dean/Director will notify Human Resources.

Testing Positive for COVID-19: Employees or students who test positive for COVID-19 will be directed to isolate away from campus. They may return to campus when at least 5 days have passed since the first positive test and they are asymptomatic. The 5 days of isolation are followed by 5 days of wearing a mask when around others. They must contact their Instructor/Dean/Director/Supervisor to notify CPTC of a positive test. After notification to Human Resources by the positive individual, their supervisor/instructor or the Tacoma Pierce County Health Department, the CPTC Emergency Team will begin contact investigation.

Potential Exposure/Close Contact: If employees or students come into close contact with a positive individual or one exhibiting symptoms but awaiting test results, they should quarantine as follows:

- Unvaccinated individuals or those that are more than 6 months from their original mRNA (Pfizer or Moderna) dose or more than 2 months after the J&J vaccine and not yet boosted need to quarantine for 5 days followed by strict mask use for another 5 days.

- Vaccinated individuals who have received their booster do not need to quarantine but should wear a mask for 10 days after exposure.

- If symptoms occur after exposure, individuals should immediately quarantine until a negative test confirms symptoms are not related to Covid-19.

- When in doubt, get tested on day five and as always, wear a mask when in public spaces after isolation or quarantine are complete.

Per the CDC close contact is:

Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset. An infected person can spread SARS-CoV-2 starting from 2 days before they have any symptoms (or, for asymptomatic patients, 2 days before the positive specimen collection date), until they meet criteria for discontinuing home isolation.

** Individual exposures added together over a 24-hour period (e.g., three 5-minute exposures for a total of 15 minutes).*